



2023 East Scarlet

7th-8th Grade



Cross Country Schedule

Practice starts: 8/28/23

<u>Date</u>	<u>Team(s)</u>	<u>Meet</u>	<u>Location</u>	<u>Start Time</u>
Tuesday, September 12	East Hoover North Lincoln Roosevelt	Valley Invitational	Valley Southwoods 625 S 35 th St W Des Moines, IA 50265	4:15 pm
Monday, September 18	East Hoover North Lincoln	North Polk Invitational	North Polk HS 315 NE 141 st Ave Alleman, IA 50007	4:30 pm
Thursday, September 28	East Hoover Roosevelt	Perry Invitational	Perry Golf & CC 352 330 th St Perry, IA 50220	4:15 pm
Thursday, October 5	East Hoover North Lincoln Roosevelt	East Invitational	Ewing Park 5300 Indianola Rd. Des Moines, IA 50315	5:40 pm
Tuesday, October 10	East Hoover North Lincoln Roosevelt	SE Polk Invitational	SE Polk High School 7945 NE University Ave Pleasant Hill, IA 50327	4:30 pm